



## *Chefs Move* TO SCHOOLS

### **Pre-Meeting Checklist for Chefs Who have Partnered with a School**

The following is a checklist that includes steps that a Chef is recommended to take prior to the initial meeting with the School.

- ☐ Read information about school meals and Child Nutrition Programs, particularly the National School Lunch Program (NSLP), School Breakfast Program (SBP) and reimbursable meals.
  - Read *National School Lunch Program (NSLP) History*
  - Read *School Meals 101*
  - For more information, refer to <http://www.fns.usda.gov/cnd/>
- ☐ Read about nutrition guidelines in schools: [\*Serving School Meals that Meet the Dietary Guidelines for Americans\*](#) and a [\*Menu Planner for Healthy School Meals\*](#).
- ☐ Read about the HealthierUS School Challenge.
  - Read Primer for Chefs, [\*HealthierUS School Challenge\*](#)
  - Refer to website: <http://teamnutrition.usda.gov/healthierUS/index.html>
- ☐ Find and browse through the District or School website to learn more information about the school philosophy and culture, as well as what is happening at the school(s).
  - Get an idea of the school menu.
  - Take note of any nutrition & health activities or initiatives, as well as afterschool and parent programming.
  - Read biographies for the school principal, school nurse, school food service director, and other key staff whom you will be meeting.
- ☐ Read document [\*Tips for Developing a Partnership with School Staff\*](#)
- ☐ Review [\*Five Suggestions for the Initial Meeting\*](#)